



# HOLISTIC MASSAGE

LEVEL 3 DIPLOMA



**Brighton School of Massage**

## Introduction & Overview

Welcome to the Holistic Massage Diploma with Brighton School of Massage. To pass this course, you will need to complete each of the following sections:

Unit	Study Method	Assessment
Holistic body massage (Theory & Practical)	Online study and practical lessons	Total of 36 case study treatments: Pass / Refer Multiple choice question exam (60 mins) Practical massage exam (60 mins)
Anatomy & Physiology	Online study	Assignment: Pass / Refer Multiple choice question paper (60 mins)
Complementary therapies	Online study	Assignment: Pass / Refer
Business practice	Online study	Assignment: Pass / Refer

## Guidance Notes:

### Lessons

Whilst every effort has been made to balance the content across lessons, some lessons may require more time to complete than others.

### Workbook

You can download a supplementary workbook to use while you review the content of this course. It is by no means compulsory but may help you to organise your learning and use for revision and review.

### Tasks

Throughout this unit there are optional, unassessed learning activities to consolidate your learning. These are purely for your own benefit and are not submitted. Mostly, you will find supporting resources for completing the tasks in the printable handbook.

### Test

Most lessons have a compulsory test to complete to assess your learning and support your revision.

### Assessment

An assessment is a compulsory assignment which needs to be submitted for grading. Assessments will be graded 'pass' or 'refer'. Assessments are detailed in separate Assessment Guidance documents.

### Exam

Exams are assessments that are graded as a percentage mark and will be arranged with your lecturer. For this unit, you will have a practical exam and a multiple-choice question (MCQ) exam made up of 50 questions. The theory exam is online.