

## Indian Head Massage Diploma

## Assessment Guidance

**CASE STUDIES**

Complete 3 case studies comprising three treatments each

These are an extremely important aspect of your course. They allow you to practice what you learn in class and to acquire and become confident with your knowledge and demonstrate this and your confidence to the examiner.

**3 clients with 3 treatments on each client – including reflective practice and CPD**

Start the case studies promptly, as they can take a long time to complete fully, including the paperwork.

Follow the case study form provided. You can add things if you want to, for example:

- Picture of a head and shoulders that you can circle areas of interest on each treatment and add notes;
- More in-depth lifestyle information;
- Listing symptoms of stress on each body system.

**No section of the case study form should be left blank. Information should be specific and detailed.**

**You should look to highlight different information on each case study as too much repetition will not allow you to show full competencies.**

**It is important that you demonstrate your knowledge of anatomy and physiology in the case studies, so detail what muscles you are working over, any conditions the client presents with, notes on observation on other body systems such as skeletal, circulatory, lymphatic etc.**

If the case studies are not submitted on time you will be 'referred', which means that you cannot pass your exams until they have been completed to a satisfactory standard.

The case studies should be presented in a smart folder with the Case Study Assessment Sheet on the front of the folder. This will be marked by your tutor and may be verified by an external examiner.

You will be expected to show your case study progress if asked by your tutor.

### Treatment Log

This is for your own use to keep track of your case studies and treatments.

Case Studies	Treatment 1 Date	Written Up	Treatment 2 Date	Written Up	Treatment 3 Date	Written Up
Client 1.						
Notes						
Client 2.						
Notes						
Client 3.						
Notes						

Notes:

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