

Assignment Guidance Form

Treatment modalities to support soft tissue repair

Research and critically evaluate a variety of modalities to support soft tissue repair

1500-2000 words long

To include the following:

- Treatment options to support soft tissue repair during the acute, sub-acute and chronic stages of injury including aims and protocols.
- The use of cryotherapy during soft tissue repair, including:
 - Physiological and neurological effects of ice
 - Methods of application
 - Contra-indications
 - Adverse reactions to cryotherapy and actions to be taken in the event of an adverse reaction
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- The use of heat treatments during soft tissue repair, including:
 - Physiological and neurological effects of using heat
 - Methods of application
 - Contra-indications
 - Adverse reactions to heat treatments and actions to be taken in the event of an adverse reaction

Analysis of findings may be presented in any of the following formats:

- Bibliography/reference list
- Appendices
- Peer reviewed journals
- Written presentation
- Internet peer reviewed web pages