

BONY LANDMARKS

SHOULDER	HIP
• Sternum (body, manubrium, xiphoid process) • Costal cartilage • Spine of scapula • Inferior I superior angles • Medial/lateral borders • Coracoid process • Acromion process • Greater/lesser tubercles of humerus • Deltoid tuberosity • Bicipital (intertubercular) groove • Supraglenoid tubercle • Infraglenoid tubercle • Supraspinous fossa • Infraspinous fossa	• Iliac crest • ASIS (Anterior Superior Iliac Spine) • AIIS (Anterior Inferior Iliac Spine) • PSIS (Posterior Superior Iliac Spine) • Pubic tubercle • Ischial tuberosity • Greater/lesser trochanters of femur • Acetabulum • Head of femur • Neck of femur • Medial lip of Linea aspera • Lateral lip of Linea aspera • Gluteal tuberosity • Pubic symphysis
ELBOW	• Iliac fossa • Gluteal line • Pubic crest • Ramus of ischium • Inferior ramus of pubis
• Lateral/medial epicondyle of humerus • Head of radius • Olecranon process • Cubital fossa • Radial tuberosity • Coronoid process of ulna	

WRIST • Radial/ ulnar styloid processes • Anatomical snuff box	KNEE/LEG • Superior/ inferior pole of patella • Tibial tuberosity • Lateral/medial femoral condyle • Lateral/medial femoral epicondyle • Anterior tibial border • Adductor tubercle • Head of fibula • Pes anserinus • Soleal line • Medial condyle of tibia
SPINE • Occipital process • Nuchal line of occiput • Mastoid process • Vertebrae (Spinous processes, Transverse processes, Body)	
	FOOT • Lateral/medial malleoli • Sustentaculum tali • Peroneal tubercle • Navicular tubercle • Talar dome • 5th metatarsal tuberosity