**Test Soft Tissue Injuries**

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|  | Questions | Answers |
| 1 | Name the symptoms of the ITB syndrome (“Runners Knee ) |  |
| 2 | What is Trochanteric bursitis ? |  |
| 3 | What can cause a clavicle fracture? |  |
| 4 | Name the causes of pre-patella bursitis (“Housemaid’s knee” |  |
| 5 | What is the most commonly injured muscle of the rotator cuff muscle group and why? |  |
| 6 | What is the carpal tunnel syndrome? |  |
| 7 | How do you prevent Piriformis syndrome? |  |
| 8 | What is medial epicondylitis and what are the symptoms of it? |  |
| 9 | What is a herniated disc, its causes and symptoms  |  |
| 10 | What is plantar fasciopathy and its symptoms? |  |