**Inflammation**

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| **Questions**  | **Answers** |
| **1.What is inflammation?** |  |
| **2. What are the signs of inflammation?**  |  |
| **3 Name four phases of inflammation**  |  |
| **4. What is a duration of each phase?** |  |
| **5. Why is the inflammatory phase important?**  |  |
| **6. Name two things that happen during the repair and proliferation ( Sub–acute)phase** |  |
| **7.Name two things that happen during the remodelling phase** |  |
| **8. What does RICE stand for?**  |  |
| **9.Why should activity be stopped when an injury occurs?**  |  |
| **10. State three factors that may affect the healing** **and repair process** |  |